








## Personal protection

Ensure you wear suitable protective clothing, including gloves and glasses. Read labels carefully and follow all

application and health & safety advice. Open cans with care. Don't eat or drink in the vicinity of stored or applied paint.

	What are the hazards	The equipment to use
 <p>Eyes</p>	Chemical splash, dust, paint particles and droplets, projectiles, vapour.	Safety spectacles, goggles, face shields, visors.
 <p>Breathing</p>	Breathing dust, vapour, fumes, aerosols, oxygen-deficient atmospheres, paint particles.	<b>Short term filtering mask</b> against dust while sanding. <b>Half facemask</b> for sanding and painting, can be disposable or with replaceable filter cartridges. <b>Full air feed facemask</b> for spray painting.
 <p>Hands</p>	Abrasion, cuts and punctures, impact, chemicals, solvents, liquid paints, skin infection.	Leather gloves, latex gloves, armlets.
 <p>Hands</p>	Dust, dirt, oil and grease, paint particles.	<b>Barrier cream:</b> short term protection. <b>Cleaning cream:</b> designed to remove contaminants and cause least skin damage. <b>Maintenance cream:</b> to help restore the skin's natural protective layers.

	What are the hazards	The equipment to use
 <p>Hearing</p>	<p>Damage to inner ear from loud or constant noise levels.</p>	<p>Ear defenders, ear muffs, ear plugs.</p>
 <p>Body</p>	<p>Chemical or paint splash, spray from spray guns, impact or penetration, dust, excessive wear or entanglement of own clothing.</p>	<p>Overalls, coveralls.</p>
 <p>Feet</p>	<p>Wet, slipping, cuts and punctures, falling objects, chemical and paint splash, abrasion.</p>	<p>Steel toe protection and anti-slip soles. May be a prerequisite on some sites.</p>
 <p>Head</p>	<p>Impact from falling objects, head bumping, hair entanglement.</p>	<p>A range of helmets and bump caps.</p>